

# A Quick Look at...

## ADVICE FOR NEW YMS

Diocesan Youth Minister Meet-Up Notes from May 5, 2020

### Advice from Youth Ministers to New Youth Ministers:

- Pray every day and remember to rest in God's heart!
- You're going to mess up a lot, it is ok. Have confidence in yourself – God put you in this position for a reason.
- It is important to love kids where they are at. We aren't the ones that change them; it is Jesus that does that!
- Don't take things personally. If the teens don't show up, let them know you are still there for them when they do come back again.
- Rest well and embrace habits that promote health of body and spirit.
- Trust the Spirit's nudging; step outside your comfort zone.
- The teens and families need to see you at stuff. You need to be present, both physically, emotionally and spiritually.
- Surround yourself with good people, and seek out help from other YMs!
- Connect with parents; get to know them and then you get to know the whole family. What do they need as they lead their teen closer to Christ?
- Give yourself time to grow into the position of youth minister. Some circumstances are too bad to overcome, but a lot of the time you just need time to learn how to work at a particular parish, with parents, coordinate volunteers and under the spiritual leadership of a particular pastor. You learn through trial and error...be patient with yourself! Ministry is a calling. God chose you, and He will provide all that you need!

### SUGGESTED WEBSITES

<https://evangelizerichmond.org/>

<https://lifeteen.com/>

<https://projectym.com/>

<https://nfcym.org/>

<https://thesource4ym.com/>

<https://ascensionpress.com/pages/teen-faith-formation>

<http://www.usccb.org/about/laity-marriage-family-life-and-youth/young-adults/renewing-the-vision.cfm>

### - Best Trainings/Retreats/Conferences for YMs and Volunteers -

#### Diocesan New Youth Minister Orientation

*a one-time training for new YMs in their first 2 years of ministry, offered every fall*

#### CYMC (Catholic Youth Ministry Conference by Life Teen)

*an annual national conference for youth ministers and core team volunteers, offered every June*

#### NCCYM (National Conference on Catholic Youth Ministry, hosted by the NFCYM)

*a biannual national conference for youth ministers, offered in December*

#### Empower (local training days hosted by Life Teen)

*A regional training aimed at core team volunteers, offered in late summer*

#### Personal Rejuvenation Retreat Experiences to Maintain Your Spiritual Life:

Annual Diocesan Youth Workers Retreat, Blessed is She Retreats, Life Teen's Men's & Women's Retreats



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