

2023 WORLD YOUTH DAY PILGRIMAGE

Young Adult Code of Conduct

Basic Role of Young Adult Pilgrims

The Office for Evangelization staff depends on the cooperation of all pilgrims to help serve as a network of support for all pilgrims in the diocesan delegation. It is important that young adult pilgrims be an example of obedience and cooperation with the following policies and with the pilgrimage leaders for one another and for the youth in the diocesan delegation. Because of the physical demands of a World Youth Day pilgrimage, it is necessary that pilgrims be in good health. World Youth Day is a very intense pilgrimage experience and can be both physically and emotionally exhausting. Because of these conditions, it is not recommended that those with significant health problems participate.

Young adult pilgrims are considered part of the diocesan delegation to World Youth Day and are ultimately responsible for themselves and their actions. However, they should note all pilgrims in the diocesan delegation represent the Catholic Diocese of Richmond and the parish from which they come. All pilgrims are expected to participate actively in the events of World Youth Day to the extent they are able. They should feel comfortable talking and sharing with the youth and other adults in the diocesan delegation. Young adult pilgrims are strongly encouraged to participate in all large group activities.

Responsibilities of a Young Adult Pilgrim

While ultimately responsible for oneself and one's actions, a young adult pilgrim's responsibilities include, but are not limited to, the following areas:

SHOW LOVE AND RESPECT FOR GOD:

- ✓ Pray daily for self and others.
- ✓ Participate in opportunities to receive the Sacraments.
- ✓ Participate in the sessions, activities, and prayer experiences.
- ✓ Be open, flexible, and have a servant's attitude.
- ✓ Represent God in your words and actions.

SHOW LOVE AND RESPECT FOR SELF:

- ✓ Remember that you are the Temple of the Holy Spirit. Present yourself accordingly.
- ✓ Clothing must cover all undergarments and midriffs. Participants must wear shirts at all times.
- ✓ Drink plenty of water, get plenty of rest, and make sure to eat all meals. This will allow you to fully participate and keep up with the physical demands of the pilgrimage.

SHOW LOVE AND RESPECT FOR OTHERS:

- ✓ All words and actions should be those of Christ to build up others and not injure.
- ✓ Make sure that your actions during the activities do not distract others from hearing, seeing, or praying.
- ✓ Fully participate in scheduled events during the pilgrimage.
- ✓ Be safe. At no time should a pilgrim go somewhere alone without one or two others.
- ✓ Observe an atmosphere of quiet and respect during evening hours when hotel guests are sleeping.

OTHER INFORMATION:

- ✓ Any damages caused by the pilgrim will be charged to the pilgrim.
- ✓ We will be following Virginia state laws rather than local laws concerning alcohol and drugs.
- ✓ If you smoke cigarettes, please do so privately; it should not be done in front of youth. Marijuana and other recreational drug possession or consumption in any form is not allowed for anyone on the pilgrimage.
- ✓ It is expected that all pilgrims will follow the direction of the group leader and travel guides.
- ✓ It is *not* expected that young adult pilgrims will be responsible for any youth in the diocesan delegation.

I have read, understand, and agree to the above policies and principles. I understand that any violation of the above principles may result in dismissal from the Diocesan World Youth Day Pilgrimage and forfeiture of all payments.

Signature _____

Date _____

Printed Name _____